

# Center for Leadership & Service and Multicultural Affairs Winter Leadership Retreat

Bainbridge Island, WA  
Thursday February 28 - Friday March 1, 2018

## **Diving Inward: Liberating your power, living in fullness**

### **Application Checklist:**

To be considered for the Winter Leadership Retreat you must complete and turn in the following:

1. Application Information Form
2. Personal Essay Response (In medium of choice: Essay, Video, or Art with Description)
  - a. If you have another method you would like to utilize, please reach out to Thomas Bui, Clubs Leadership Advisor at [tbui@highline.edu](mailto:tbui@highline.edu) to seek approval.
3. Personal Assessment Questionnaire

### **Application Timeline:**

Application Release Date: November 26<sup>th</sup>, 2018

Application Deadline: Applications are DUE to the Center for Leadership & Service and Multicultural Affairs (Building 8, Highline Student Union, 3<sup>rd</sup> Floor) by **Friday, January 11, 2019 no later than 5:00 PM**

### **Pre-Departure Meetings:**

If selected for the Winter Leadership Retreat, you MUST attend one of the following pre-departure orientation meetings. *Circle the meeting you plan on attending if accepted to Winter Leadership Retreat*

**Monday, February 11th @ 12:30pm – 1:30PM    OR    Thursday, February 14<sup>th</sup> @ 2:00 PM – 3:00PM**

## Application Information Form

Name \_\_\_\_\_ Highline Student ID \_\_\_\_\_

Day Time Phone Number \_\_\_\_\_ Evening Time Phone Number \_\_\_\_\_

Highline Student Email Address \_\_\_\_\_@STUDENTS.HIGHLINE.EDU

## Community Guidelines for All Retreat Participants:

Please read the following and sign below if you agree.

1. I agree to attend all sessions of the retreat and to participate in all retreat activities. I will represent Highline College in a professional and responsible manner.
2. I have read and I understand the Highline College Cultural Diversity Statement. <https://www.highline.edu/about-us/commitment-to-diversity/>
3. I understand that the use of any alcohol and/or any drugs is not permitted for the duration of the retreat.
4. This retreat is free for accepted students. I understand that the college is making a significant financial investment to allow me to participate in this retreat. If I do not attend the retreat or notify CLS/MCA in a timely manner that I will not be able to attend (Prior to February 18), I agree to pay \$50 to cover a portion of my retreat expenses. I agree to pay the \$50 directly to Center for Leadership & Service (check or cash).

Signature \_\_\_\_\_ Date \_\_\_\_\_

## Confidential Questions:

The following questions are being asked to assist the retreat planning committee in providing accessible and inclusive lodging/room assignments, meeting spaces, retreat materials and meals to all participants. The information shared will only be shared with the Center for Leadership & Service and Multicultural Affairs Professional Staff and will not be used in a discriminatory way.

What gender do you identify with? (Please circle one) \*Definitions of the below terms are available at CLS/MCA

- Cis Woman:
- Trans Woman:
- Cis Man:
- Trans Man:
- A gender identity not listed: Please specify: \_\_\_\_\_
- Prefer not to answer

If you have dietary restrictions or needs, please specify: (Example: vegetarian, no pork, allergic to nuts, etc.)

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If you have a disability and may require accommodation in order to fully participate in this retreat, please specify your needs:

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- T-Shirt Size (Please circle one)

Small      Medium      Large      X-Large      2XL      3XL      4XL

## Personal Essay Questions:

Each year the Winter Leadership Retreat itself is inspired by a theme. This year's theme is "Diving Inward: Liberating your power, living in fullness". To help us get to know you better and understand how this retreat will benefit you please reflect on the following questions. You may choose to respond to the questions in a format that best supports your energy and needs. Those formats include but are not limited to essay response (1 page max per question), Video format (2-3 minutes), Creative Art Piece (1 page description attached). If there is another alternative format you would like to use, please contact Thomas Bui, Clubs Leadership Advisor at [tbui@highline.edu](mailto:tbui@highline.edu) for approval.

1. This retreat is intended to provide a space for reflection, community building, and wellness. How will participating in the Winter Leadership Retreat be a meaningful experience for you?
2. What does being fulfilled personally mean to you? Share a time where you have felt this way?

## Personal Assessment Questionnaire:

This retreat is intended to provide deep personal reflection, dialogue with others, and building connections with people who have different experiences than ourselves. Please answer each question in this self-assessment using the scale listed below and attach to your application information form.

**1 = I am not comfortable at all and unwilling to participate**

**2 = I am slightly uncomfortable**

**3 = I am moderately comfortable**

**4 = I am comfortable most of the time**

**5 = I am very comfortable and willing to participate**

1. How comfortable and willing are you in sharing in a group setting?

1                      2                      3                      4                      5

2. How comfortable and willing are you with personal reflection?

1                      2                      3                      4                      5

3. How comfortable and willing are you in building connections and relationships with people who you think are different than you?

1                      2                      3                      4                      5



## CULTURAL DIVERSITY POLICY

Highline College actively promotes and supports a learning and work environment which ensures social justice, mutual respect, understanding, civility, and nonviolence. Highline College is committed to the elimination of discrimination based on biological sex, gender identity and expression, sexual orientation, race, ethnic background, national origin, class, economic status, age, military and veteran status, disability, language, culture, and religious beliefs.

*Adopted January 2016*

